### Staying HomeHonour for Pathfinders





#### #PathfindersStayHome

We are staying at home – Pathfinders as well. At home we can still be a Pathfinder by staying up to date with the latest news, supporting those in our community and having fun. In order to do this, we have developed a special honour which you can start straight away!

As we are unable to meet up to do the honour together as we normally would, we invite you to complete the tasks in the attached workbook and to document the tasks through photos and videos. This has been specified for each task.

## **Staying Home**

Even if we have to currently stay at home, there are many ways in which we can keep ourselves busy.

- 1. Write down why it is important to stay at home at the moment. (→ Workbook)
- 2. Write down 5 things you can do with friends without meeting up (→ Workbook) and do two of them. (→ Photo/Video)
- 3. Write down 5 useful things which you can do at home alone or with your family (→ Workbook) and do one of them. (→ Photo/Video)
- 4. Do at least one of the following:
  - a) Cut someone's hair for them. (→ Photo/Video)
  - b) Cook something that you have never cooked before. (→ Photo/Video)
    - c) Sew a protective mask. (→ Photo/Video)
  - d) Plant a seed and nurture it into a plant. (→ Photo/Video).

# **Helping at Home**

There are many opportunities to help and assist our parents at home.

- 5. Help at home by doing two of the following tasks at least 3 times OR each task once:
  - a) Wash, hang out and fold the washing. (→ Photo/Video)
  - b) Iron and sort out the washing. (→ Photo/Video)
  - c) Prepare a meal and set the table. (→ Photo/Video)
  - d) Clean the house/apartment. (→ Photo/Video)
  - e) Wash the dishes OR load and unload the dishwasher. (→ Photo/Video)
  - f) If possible: Weed the garden, mow the lawn and water the plants. (→ Photo/Video)





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### **Health and Hygiene**

As Pathfinders we want to stay healthy.

- 6. Drink for at least one week 1.5 L of water per day. (→ Workbook)
- 7. Write down what you know about personal hygiene. (→ Workbook)
- 8. Write about three situations when it is important that you wash your hands. (→ Workbook)
- 9. Make a video about how you should correctly wash your hands (if you want you can also post it on social media). (→ Video)

# **Community Service**

As Pathfinders we want to look out for the people around us.

- 10. What Bible stories are there in which Jesus helps other people? Name three stories and rewrite them in your own words. (→ Workbook)
- 11. Read the Golden Rule in Luke 6:31 and write down what this means for you in the current situation. (→ Workbook)
- 12. Write down what you are thankful for. (→ Workbook)
- 13. Do at least two of the following tasks:
  - a) Call a friend or relative. (→ Workbook)
  - b) Write a postcard or letter to someone who lives alone perhaps with an encouraging Bible verse. (→ Photo/Video)
  - c) Do a craft to give to an older person as a gift (eg. Grandma, Grandpa, a neighbour). (→ Photo/Video)
  - d) For older Pathfinders: go shopping for someone who are unable to go themselves. (→ Photo/ Video)
  - e) Do an act of kindness for someone. (→ Photo/Video)

### **Staying Positive**

We want to try and make the best of every situation.

- 14. Sleep overnight with your sleeping bag and camping mat (in the garden, on the balcony or inside). (→ Photo/Video in Pathfinder uniform)
- 15. Tell your family a joke as encouragement (→ Workbook)
- 16. Do one of the following tasks in Pathfinder uniform:
  - a) Bake a chocolate-filled banana in the oven. ( $\rightarrow$  Photo/Video)
  - b) Make damper/campfire bread in the oven. (→ Photo/Video)
  - c) Toast a marshmallow over a candle. (→ Photo/Video)
  - d) Make something to eat which reminds you of pathfinders. (→ Photo/Video)

